

CHAMPIONS OF CHANGE

CREATING A LEVEL PLAYING FIELD FOR WOMEN AND GIRLS

Some sports have traditionally been male dominated. Great clubs are recognising the importance of enabling women and girls to access these sports and be treated as equals. This session helps clubs understand why this is so important and handle the transition successfully. It provides examples of ally behaviours and the influence this has on developing values in young people. It questions participants experience in sports clubs around inclusion and challenges them to be Champions of Change.

"As one of very few women presidents of a community cricket club I love the work that SALT is doing to create clubs where everyone feels respected and accepted."

Kate Bellamy - President
Burwood Cricket Club



Topics covered in the presentation include:

- The rise and impact of women's sport
- What is the major purpose of our club?
- What do local clubs look like when they are at their best?
- What are some of the barriers we need to overcome?
- The benefits to clubs in embracing and encouraging inclusive environments
- The role of sport in gender equality
- The power of sport in influencing values in young people
- Examples of ally behaviours around gender equality
- Understanding the link between disrespect and violence
- Creating a club where all people feel welcomed and equal

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